




Ellingham C of E Primary School PSHE Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	Who helps to keep us safe?	What can we do with money?	What helps us stay healthy?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What helps us to stay safe?	What jobs do people do?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How can our choices make a difference to others and the environment?	How can we help in an accident or emergency?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	How will we grow and change?	What decisions can people make with money?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?	How can we help in an accident or emergency?	How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

Key:  (R) Relationships  (H) Health and Wellbeing  (L) Living in the Wider World