



PE Curriculum Overview 2016-17

Key Stage	Autumn Term	Spring Term	Summer Term
Early Years Foundation Stage	Fundamentals of Movement: balance, skipping, hopping, digging, jumping, scooting etc.	Swimming (Rec) Throwing and catching Playground games/Dance	Swimming Athletic skills Soft Play/climbing
Key Stage 1	Fundamentals of Movement: Multi-skills Swimming Mini-tennis (Red)	Rugby Tots Playground games/Dance Swimming Mini-tennis (Red) Football skills	Athletic skills Swimming Mini-tennis (Red) Gymnastics
Lower Key Stage 2	Handball Games: teamwork Swimming Mini-tennis (Red)	Yr3 Swimming Yr4 Circuit training Tag Rugby Games skills: problem solving Football	Yr3 Swimming Yr 4 Cricket Mini-tennis (Red) Cross-country
Upper Key Stage 2	Swimming Handball Teamwork Samba/Salsa Dance	Tag Rugby Circuit training Street Dance Games skills: problem solving Football	Cricket Mini-tennis (Orange) Gymnastics Cross-country