DISHES AND THEIR ALLERGEN CONTENT - ELLINGHAM PRIMARY SCHOOL

DISHES						upin Flour	Milk		MUSTARD			SISAM		WNE Beer
	Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausages Potatoes Carrots		√					✓						✓	
Fish Fingers Potato dice/peas		√			√									
Sweet and sour chicken Rice		✓												
Chicken Wraps vegetable rice and salad		1												
Cheese pasta and sweetcorn		√		√			✓							
Mince/cheese cobbler R Pots Carrots peas		√		✓			✓							
Ginger syrup Sponge and Custard		√		√			✓							
Apple Crumble and Ice Cream		√		√			✓							
Chocolate Orange Cake and Custard		√		√			✓							
Oaty Biscuit		√												

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